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Fact Sheet



Galanias Hotel & Retreat – Domos Galanas ****

is built where nature and sea have created an area of unspoilt beauty

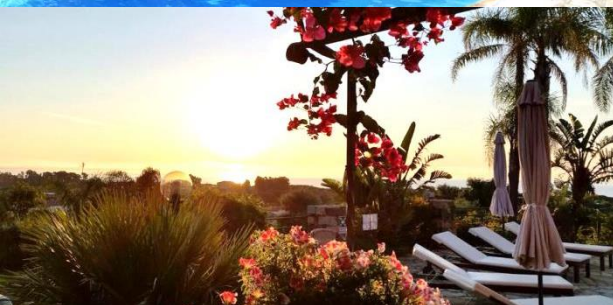


THE HOTEL: Set on a gentle slope overlooking the stunning coastline and the beach of Torre di Bari, the Hotel has been conceived as an oasis of peace surrounded by the green Mediterranean bush. Built in the traditional Sardinian style, it is divided into three parts, two dedicated entirely to the rooms and the main building, which includes some of the rooms and the main services: Reception with free Wi-Fi, Bar, Restaurant and Pool with panoramic terrace. The two annexes in the garden are connected to the main building by natural gravel paths and grass, walkways and driveways.

ROOMS: Rooms are of two types: Garden rooms, in the annexe buildings surrounded by the garden; Rooms in the main building, close to the main services.

The Hotel has 40 rooms (33 Double/Twin/Single Use, 5 Triple, 10 Superior) entirely furnished with fabrics and furniture made to order by craftsmen from Ogliastro. All rooms have private entrance, centralized air conditioning, minibar, bathroom with shower and hair dryer, flat screen TV, safe.

INTERIORS: The decor is simple and elegant. Every part of Galanias Hotel & Retreat is cared in the smallest details, making the atmosphere familiar and welcoming. The Hall is located in the main building, facing the pool and fully furnished with fine fabrics of the local tradition. Curtains and soft lighting from the handmade ceiling lights, together with the objects belonging to Ogliastro tradition, create an elegant atmosphere that blends well the incomparable beauty of the surrounding views.



RESTAURANT: Located in the main building, the Restaurant Galanias has a large dining room and an outdoor terrace by the swimming pool. In our dishes there is the perfect combination of sea and mountain, that alternate and mingle in an unspoilt area where you can find the real Sardinia. Recipes, flavors and ancient atmosphere handed down from generation to generation, lead to the discovery of a fascinating ancient culture. The authentic flavors of Sardinia can be rediscovered every day in our dishes, made with zero-kilometer products and accompanied by the excellence of fine local wines. Dinner is a true gastronomic tour to discover the most authentic flavors and ancient tastes: every night you can enjoy rich appetizers, two first courses, two second courses, and a dessert, a menu of meat and fish but also alternatives for vegetarian and linked to special diets.

The restaurant is open every day at the following times:

Breakfast	h. 07:30 – 10:00 (International buffet breakfast)
Dinner	h. 19:30 – 21.30 (Buffet and table service)

BAR: Daily open from 10:00 to 24:00, Galanias Bar offers the possibility to taste, in its dining room or on the terrace by the pool, not only cocktails and international drinks, but also aperitifs, local beers and wines, delicious snacks and light meals from 12:30 to 14:00.

WELLNESS / YOGA / MASSAGES: In order to make more pleasant and relaxing the stay of our Guests, at our Hotel it is possible to take part to Yoga & Mindfulness classes.

In contact with nature and surrounded by greenery, our Guests, have the possibility to attend yoga classes lead by professional teachers.

Lessons, both individual or in groups, take place in two different ambients: a wooden gazebo (ca. 110 mq) and a small terrace.

Furthermore, for those looking for pure physical relaxation, we offer the opportunity to relax and rejuvenate relying on the expert hands of our massage therapists, who share with you their advice and experience to run the most appropriate treatment.

(Services on request)

OUTDOOR SWIMMING POOL: In the main building, on the common terrace surrounded by olive trees, palms and Mediterranean plants, there is the panoramic pool with Jacuzzi.

The chilling area around, equipped with deckchairs and parasols, is the ideal place to spend pleasant moments of rest and well-being in one of the most beautiful location of the coast of Ogliastro.



G.P.S. COORDINATES:

39° 49' 56.9" N - 09° 40' 30.0" E

HOW TO REACH US:

From Olbia: Take the SS125 towards Sassari/Cagliari, then take the SS199 up to the junction for San Teodoro/Nuoro/Siniscala/Cagliari/Padru, enter the SS131 until the exit Nuoro towards SS389, follow the signs to Mamoia-da /Lanusei/Arbatax-Tortolì. At the end of the highway, just past Villanova Strisaili, continue towards Lanusei, then follow the signs for Tortolì/Bari Sardo/Cagliari. After Lanusei, bear right to continue on the provincial road Lanusei-San Paolo (towards Loceri). At the roundabout take the 2nd exit continuing for Loceri towards Bari Sardo. Once in Bari Sardo continue on Corso Vittorio Emanuele, turn right onto Via Cagliari. Turn left on Via Mare and continue on Via della Torre. Turn right and take the Strada Comunale Sa Marina, turn right and follow the signs to the Hotel.

From Cagliari: follow the signs to merge onto the highway SS 554, towards Quartu Sant'Elena/Villasimius. On the SS 554, turn at the junction for Muravera onto the SS 125 "Orientale Sarda". Take the SS 125, turn on SS 125 VAR junction following the signs to Olbia/Arbatax-Tortolì. Passed Tertenia, follow the indications for Bari Sardo. Once in Bari Sardo, continue on Via Cagliari, turn right on Via Mare and continue on Via della Torre. Turn right and take the Strada Comunale Sa Marina, turn right and follow the signs to the hotel.

DISTANCE FROM THE SEA:

700 mt (beach Torre di Bari)

PLACES OF INTEREST:

BARI SARDO	4 Km
TORTOLÌ	15 Km
ARBATAX:	18 Km
LANUSEI:	20 Km
S. MARIA NAVARRESE:	23.5 km
NUORO:	88 Km
CAGLIARI:	114 Km
OLBIA:	180 Km





HOTEL FACILITIES:

- **Check in:** from 17:00 to 24:00; for late arrival, a prior notice is required. Guests can store their luggage before the regular check-in and make use of common areas.
- It is recommended to communicate in advance the arrival time at the hotel and a telephone number to call in case of any need.
- **Check-out:** rooms should be left within 10.00, unless otherwise agreed.
- Free Internet Wi-Fi in the common areas
- Luggage storage
- Free private parking area
- Sea umbrellas, beach towels and beach chair
- Room service
- Packed lunches
- Rental cars, bikes, scooters, rubber boats (on request)
- Naval and aerial tickets, excursions
- Fax/Photocopying
- Shuttle service (on request)
- Airport shuttle (on request)

TOURS AND EXCURSIONS: Boat tours – Rubber boats – Hiking – Trekking – Caves – Archaeological tours – Diving – Horse riding
(Bookable at Reception)

CREDIT CARDS: Major credit cards are accepted:
Visa, CartaSi, Mastro, Euro/MasterCard, ATM card.

MINIMUM AGE REQUIRED TO BOOK: 18 years old (for under 18, we require an authorization signed by at least one parent)

PETS: Not admitted.

Notes:

- Accessibility: the Hotel is not recommended for people with mobility difficulties
- Mobile network coverage: mobile operators H3G (3ITA) and TIM have poor coverage; on the contrary, WIND and VODAFONE have a good and excellent coverage both indoors and outdoors. Guests with compatible smartphones can compensate for the lack of mobile signal using our free WI-FI, available in the common areas of the Hotel, not only to surf the web but also to make and receive free calls using apps as WhatsApp or similar directly from their smartphone.

Social:

- FACEBOOK: <https://www.facebook.com/GalaniasHotel>
- FLICKR: <https://www.flickr.com/photos/89359084@N03/>
- INSTAGRAM: https://www.instagram.com/galanias_hotel/
- TWITTER: <https://twitter.com/GalaniasHotel/>